

Teen Talk Parent Talk



A Seminar for Parents, Educators & Youth Leaders

It has been said that it takes a village to raise a child. In that case, it takes an entire city to raise a teen! Parenting a teenager can have its challenges, however the good news is that you are not alone in your parenting journey, and there is an abundance of collective wisdom that we can draw on.

In this one hour presentation (plus additional time for questions) parenting expert, author and educator Sharon Witt, shares her many years of experience immersed in teen world and offers sound, practical advice and strategies to help you better understand your teenager including:

- Understanding the key developmental stages of adolescence
- Understanding different Parenting Styles and how yours might be influencing your teens behaviour
- Practical advice for helping your teen develop a positive self-image
- Peer Groups! Why friends are the most important part of your teen's world
- Why every parent **MUST** become Cyber Savvy or risk being left in the dark when it comes to the online world of your child!
- Practical strategies for helping your teenager successfully navigate their High School years
- How to deal with the Puberty Blues and managing your teen's health
- When to worry about your teen and where to go to for help!



About the Presenter

Sharon Witt has been immersed in teen world for two decades in her role as a Secondary Teacher, Mentor and Presenter to teens and their parents around the country. She is a mother of two adolescents and is the founder of Teen Talk International, providing support and programs that impact teenagers across the country. Sharon is also a regular media commentator and is often called upon to comment on teen and parenting issues on radio, print media and national television. She is also the author of the best-selling **Teen Talk Series** of books that have helped many thousands of teenagers across the country navigate their adolescent journey. Her latest book **Teen Talk - Parent Talk** provides an abundance of collective wisdom and common sense principles in raising resilient and happy teens.

Resources

Copies of Sharon's best-selling Teen Talk books will be available for purchase at the conclusion of the seminar.

For bookings contact:
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